

# MONDO FUNCTIONAL DESIGNED FOR A BETTER PERFORMANCE

What's underfoot matters. Every workout has its Biomechanics. Mondo developed the proper sport flooring for all different types of activities. Our sport surfaces combine the highest performance with the lowest injury risk. Don't your customers deserve to train on a top level sport flooring created by the market leader?

Introducing Mondo Functional. The 30'x30' module designed to improve your customers' workouts as well as to increase your revenues. Comprising a set of 4 different surfaces, Mondo Functional can turn an open space into a highly specialized training area. More importantly, it's backed by the experience of a world leader in sport floorings.







## 1 MONDOTRACK PERFORMANCE

- ATHLETIC WORKOUT
- CORE
- PERFORMANCE & CONDITIONING BODYWEIGHT
- SPORT CONDITIONING

 GRIP 80-110	 RESISTANCE TO INDENTATION < 0,5 MM
 KA 22%	 RESISTANCE TO ROLLING LOAD < 0,5 MM
 RESISTANCE TO IMPACT: NO DAMAGE	 VERTICAL DEFORMATION < 2 MM

## 4 MONDOARMOR MOBILITY/STABILITY

- CALISTHENICS
- BODYWEIGHT
- HOLISTIC FITNESS CLASSES
- MOBILITY AND STABILITY TRAINING

 GRIP 100-115	 RESISTANCE TO INDENTATION < 0,2 MM
 KA 20%	 RESISTANCE TO ROLLING LOAD < 0,5 MM
 RESISTANCE TO IMPACT: NO DAMAGE	 VERTICAL DEFORMATION < 1,5 MM

## 2 RAMFLEX INLAID MARKINGS MOVEMENT

- FUNCTIONAL
- STRENGTH EQUIPMENT CIRCUITS
- CARDIO EQUIPMENT CIRCUITS
- FITNESS CLASSES

 GRIP 85	 RESISTANCE TO INDENTATION 0,1 MM
 KA 12%	 RESISTANCE TO ROLLING LOAD < 0,5 MM
 RESISTANCE TO IMPACT < 0,5 MM	 VERTICAL DEFORMATION ≤ 0,7 MM
	 EFFECT ON STAINS NOT AFFECTED

2 PERFECT FOR:  
PT'S, SMALL GROUPS, PT GROUP,  
BODYWEIGHT OPEN KINETIC CHAIN WORKOUT

1 PERFECT FOR:  
PLYOMETRIC, ATHLETIC AND SPORT CONDITIONING




3 PERFECT FOR:  
SPORT CONDITIONING,  
CROSSFIT,  
TACFIT BOOT CAMP

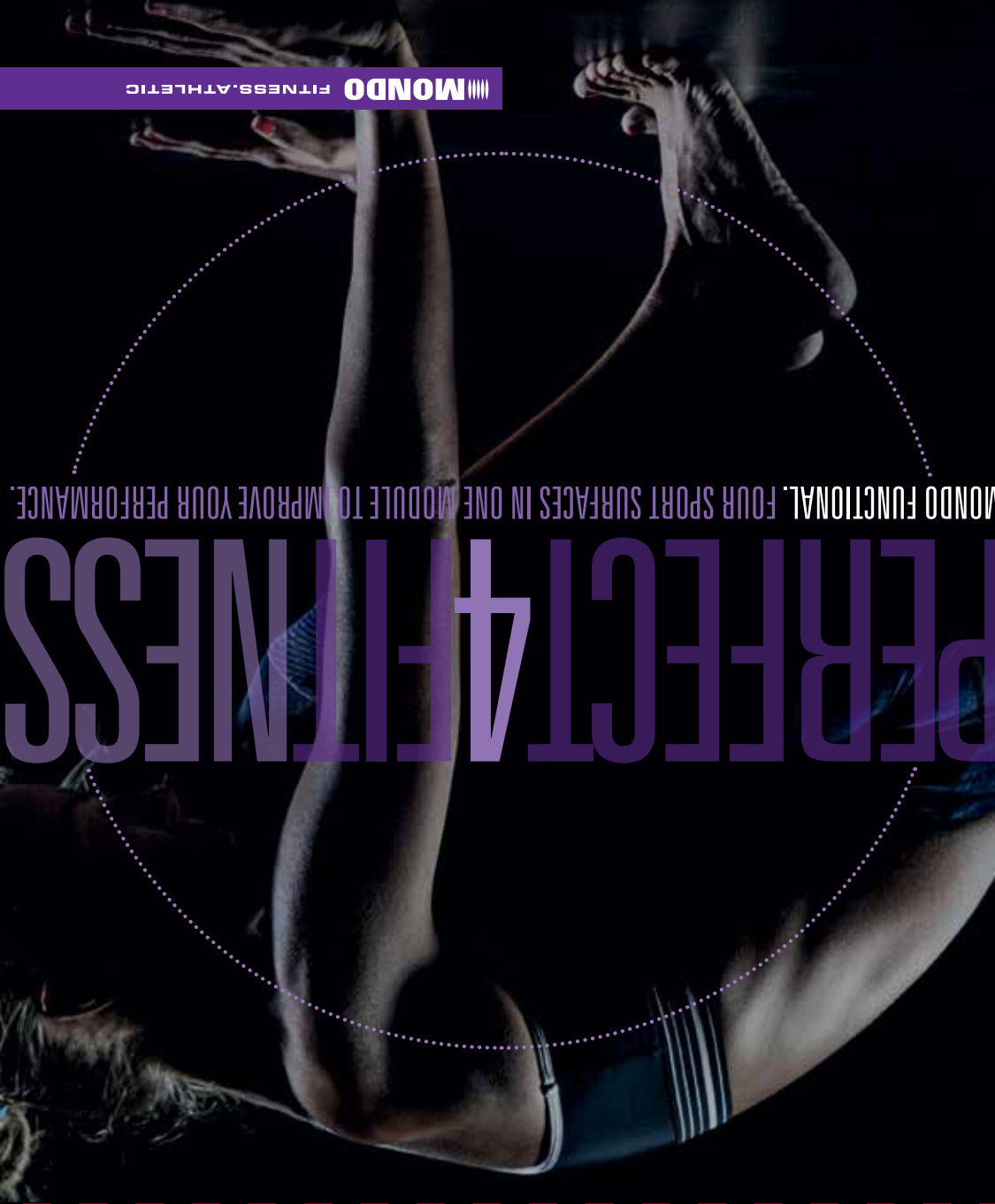
4 PERFECT FOR:  
TABATA, HIIT, EDT

### THE FUTURE OF YOUR TRAINING IS HERE MONDO FUNCTIONAL

## 3 RAMFLEX STRENGTH

- POWERLIFTING HEAVY DUTY
- STRENGTH CONDITIONING HEAVY DUTY
- FREWEIGHT HEAVY DUTY
- PERFORMANCE HEAVY DUTY

 GRIP 85	 RESISTANCE TO INDENTATION 0,1 MM
 KA 12%	 RESISTANCE TO ROLLING LOAD < 0,5 MM
 RESISTANCE TO IMPACT < 0,5 MM	 VERTICAL DEFORMATION ≤ 0,7 MM
	 EFFECT ON STAINS NOT AFFECTED



MONDO FITNESS, ATHLETIC

MONDO FUNCTIONAL. FOUR SPORT SURFACES IN ONE MODULE TO IMPROVE YOUR PERFORMANCE.

PERFECT FITNESS

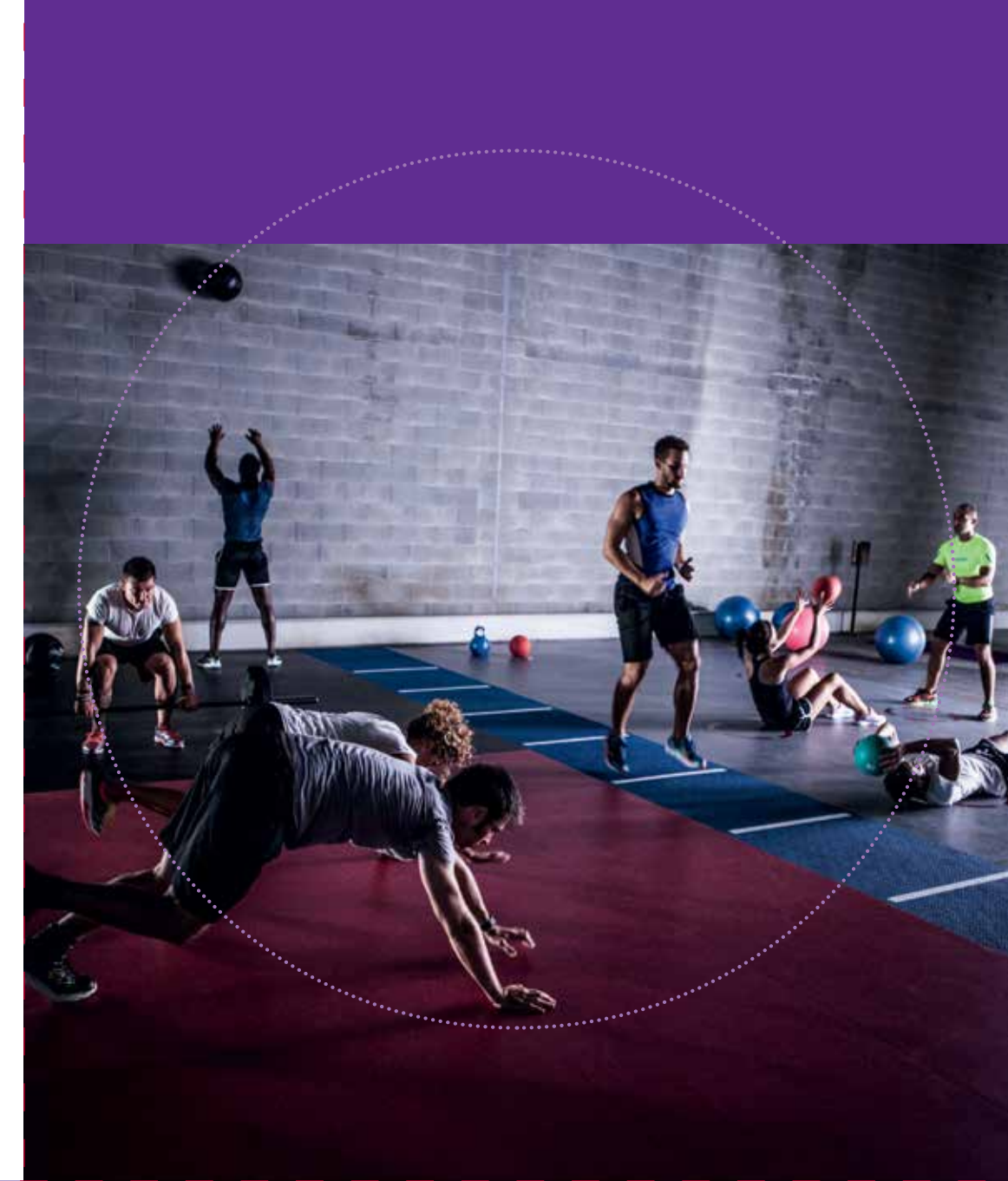
# NO BETTER PLACE FOR TRAINING

## PERFORMANCE AND SAFETY

Proper load distribution and optimal shock absorption, energy return, vertical deformation and grip. Let your customers discover the benefits of an innovative professional flooring, tailor-made for their specific workout activities. Mondo surfaces comply fully with European regulations on safety to minimize the risk of injury.

## IMPROVED ENVIRONMENTAL QUALITY

Better air quality means extra lung power and added fuel for muscles; this provides more energy for every kind of exercise: Mondo sport floorings are Greenguard and Greenguard Gold certified for their astoundingly low VOC emissions. Our rubber floorings are non-porous, which means no mold or bacteria build-up and easy cleaning and sanitizing.



**MONDO**

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Mondo reserves the right to modify the characteristics of the products at any moment. PRINTED IN USA - MARCH 2016

## ARE YOU READY? A COMPACT SOLUTION TO HELP YOU GROW

Mondo Functional offers the durability, easy maintenance and reliability your fitness center demands, in a practical 30'x30' module that can match the needs of your customers perfectly. We are also ready to assist you with custom solutions to fit your available space.

Let us help you find the optimum solution using our 4 surface combinations in the most effective way.

Installation couldn't be easier: our floorings can be fully integrated with all your existing machines, creating more value and a richer experience for your customers while enabling you to leverage your available assets more profitably.

## MONDO ACADEMY LEARNING FROM THE BEST

Discover the unlimited potential of Mondo Functional module: Mondo Academy's Master Trainers can support you with making the most of Mondo Functional's unique features. They will guide your team through an engaging and useful learning experience that includes:

- Training for PT's, Fitness Instructors, Professionals
- ROI strategy training
- Comprehensive instruction for workout solutions
- Master classes

## MONDO A RECORD-BREAKING HERITAGE

Just like the 150,000 athletes who compete every year on our sport floorings, we are fully committed to defying conventional limits and to setting new records for outstanding performance.

Today, after 11 Olympic Games and more than 250 new world records set on our tracks, we are proud to bring our expertise to the world of fitness.